



ZERO-WASTE CHALLENGE!

Zero-waste is a way of living in which we try to create as little waste as possible!

HOW IS VITAL FARMS PRACTICING ZERO-WASTE?

Egg Central Station (ECS), where Vital Farms eggs are washed, packed, and shipped, is a zero-waste-to-landfill facility! We are upcycling, recycling, or repurposing 100% of the food products and materials at ECS to better care for the earth and health of our soils. You can learn more at vitalfarms.com/impact-report

NOW IT'S YOUR TURN! Can you repurpose an entire carton of eggs?! In each section, circle the activity you'll choose to make sure each part of your egg carton avoids the garbage!

STEP 1: EGGS!

How will you and your family eat the eggs in your carton?



SCRAMBLED EGGS



FRIED EGGS



BAKED EGGS

STEP 2: SHELLS!

Did you know that eggshells can make plants and soil healthier? Which one will you try?

Psst...check out our guide here: vitalfarms.com/5-ways-to-reuse-eggshells



HERB PLANTERS

Fill eggshells with soil and seeds, add water, and watch herbs grow on your sunny windowsill!



SOIL HELPERS

Crush up cleaned and dried eggshells to sprinkle in the garden – your plants will thank you for the nutrient boost!



CALCIUM PLANT WATER

Use eggshells to create calcium water that gives plants a healthy dose of calcium and potassium!

STEP 3: CARTON!

What's even better than recycling your carton? Using it for a fun activity! How will you re-use your carton?



BIRD FEEDER

Using the bottom of the carton, fill each cup with bird seed and hang it from a tree with string to welcome new friends!



PAINT TRAY

Use your carton to hold a rainbow of paint colors for your next masterpiece!



TREASURE HOLDER

Use your carton to hold your favorite outdoor treasures, like pinecones, rocks, leaves, and more!

Hey parents – did you create something fun or useful from your Vital Farms carton? Share it with us on Instagram @vitalfarms!

TRY IT NEXT: What else can you find around your home to repurpose and recycle?